INTIMATIONS CONTINUED

Smartie Tubes - Vision Ministries

Smartie Tubes are available at both churches. You are encouraged to take one and return filled with 20p pieces to support the work of Vision Ministries in the slums of Nairobi to help provide residents with clean water.

Ardgowan Change Boxes

If your box is full you can return it to Anne Rourke any Sunday.

Team Mick Fundraising for Ardgowan Hospice and Prostate Cancer UK.

Moira Follan and her nephew Aaron successfully completed their walk of the Hebridean Way raising the amazing total of £6,813 in memory of Michael. This is made up as £4,693 for Ardgowan Hospice and £2,120 for Prostate Cancer UK.

Message from Moira - We both extend our heartfelt thanks for all donations and well wishes before and after our walk. We never dreamt of raising so much, it is fabulous and so very much appreciated, thank you.

If you would still like to make a donation, you can access both charity pages from the link below, or pass donations directly to Moira. Thank you so much.

www.justgiving.com/team/mick1874

In order to give some perspective to the weekly prayer, I am including the relevant Lectionary reading. Please look at the reading to prepare yourself to pray. Phil Theaker

Prayer for4th Sunday after Pentecost

Gospel Reading: Luke10:1-11, 16-20

Lord Jesus, I would have been very nervous if I had been among the 72 followers you sent out to preach the Gospel. Help us to understand that we do need to share our faith with others, that as we step out of our comfort zone your Holy Spirit will be with us to give us the confidence we need and words to speak to others. Amen.